

OBC LCM 2026: Session: 5: COACH evaluation sheet for TEAM: SCZ

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Matthijs Laurenz

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 200M FREESTYLE MEN					Heat:2, starttime: 09:03
Heat: 2/5 Lane : 8 Athlete: MEES BRENT					Q-time: 02:00:02
PB (50m pool): 02:00.02 Antwerpen 27/07/2025					PB (25m pool): 01:54.20 SB: 02:01.34 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:27.61	00:57.76	01:28.68	02:00.02	
	00:27.61	00:30.15	00:30.92	00:31.34	
					

Coach feedback:

Event number: 34: 50M BUTTERFLY MEN					Heat:6, starttime: 10:14
Heat: 6/7 Lane : 3 Athlete: MEES RUBEN					Q-time: 00:24:81
PB (50m pool): 00:24.81 Antwerpen 27/04/2025					PB (25m pool): 00:24.50 SB: 00:25.26 Zwembad Brigitte Becue 26/04/2026
	5 0 M				
PB	00:24.81				
	00:24.81				
					

Coach feedback: